

# Network Conference Programme

08.30-09.00	Registration and welcome drinks	
09.00-09.10	Opening remarks	Dr Steve Wimbush
09.10-09.40	Exploring the meaning of Advanced Practice within Critical Care Outreach: a mixed method study	Karin Gerber, Advanced Nurse Practitioner Critical Care Outreach and Lead Advanced Clinical Practitioner for Education & Workforce Mark Wilson, Advanced Nurse Practitioner Critical Care Outreach, Royal Berkshire NHS Foundation Trust
09.40-10.25	Importance of early SLT intervention & FEES on ICU	Charlie Macdonald Speech and Language Therapist - ICU, Royal Berkshire NHS Foundation Trust Laura Adams, Speech and Language Therapist - ICU University Hospital Southampton NHS Foundation Trust
10.25-10.50	Critical Care Nurse Progression Pathway	Lisa Niemand, Clinical Matron Critical Care, Outreach and Pain Intervention, Royal Cornwall Hospitals NHS Trust
10.50-11.20	Morning break	Visit sponsors
11.20-11.55	Exploring the implementation, impact and acceptability of the Professional Nurse Advocate role within Oxford University Hospitals	Jessica Pountney, Senior Sister and Professional Nurse Advocate Katy Powell, Professional Nurse Advocate Lead, Oxford University Hospitals NHS Foundation Trust
11.55-12.40	Triggers to Consider Transition and Transition Pathway Thames Valley (Paediatric to Adult Transition in ICU)	Dr Helen Turnham, Consultant Paediatric Critical Care, Oxford University Hospitals NHS Foundation Trust Dr Michael Raffles, Consultant in Adult Intensive Care Medicine, Royal Berkshire NHS Foundation Trust Joao Ngengo, Data Analyst, Paediatric Critical Care Operational Delivery Network Rupert Parker, ICM Trainee, Oxford University Hospitals NHS Foundation Trust
12.40-13.10	Patient experience	Lauren Abraham, Former Patient Dr Jodie Smythe, Consultant ICM and Anaesthetics, Royal Berkshire NHS Foundation Trust
13.10-14.10	Lunch	Visit sponsors
14.10-14.15	Welcome back	Dr Steve Wimbush
14.15-15.00	Sustainability: A guide to NHS Net Zero - ITU	Dr Daniel Lake, Consultant Anaesthetist and Intensivist, Darent Valley Hospital
15.00-15.45	Learning from incidents with a focus on hierarchy in the ICU	Emma Weston, Lead Pharmacist for Critical Care and Theatres, Hampshire Hospitals NHS Foundation Trust
15.45-16.45	ICU Dilemmas: How Psychologists can help in the ICU setting	Case presentation and discussion with a panel of psychologists working in your ICUs from across the network
16.45-16.50	Closing remarks	

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# About our speakers



Karin Gerber - Advanced Nurse Practitioner Critical Care Outreach and Lead Advanced Clinical Practitioner for Education and Workforce, Royal Berkshire NHS Foundation Trust

[@karin\\_gerber](#)

Karin has been an Advanced Practitioner within Critical Care Outreach since 2018. Karin became the Lead ACP for the Royal Berkshire Hospital in July 2022.



Mark Wilson - Advanced Nurse Practitioner Critical Care Outreach, Royal Berkshire NHS Foundation Trust

Mark, an Advanced Nurse Practitioner, has twenty years of experience in Critical Care Outreach. In 2014, Mark completed his MSc in Advanced Clinical Practice, focusing his dissertation on the factors that influence continuing professional development for nurse prescribers in secondary care.

Mark has published twice, sharing insights from a five-year audit of prescribing practice within a critical care outreach team. In 2019, he completed the Advanced Critical Care Practitioner training and obtaining accreditation in Focused Intensive Care Echocardiography and Lung ultrasound.

Recently, Mark published a case study, demonstrating the effective use of focused echocardiography in rapidly differentiating shock for a deteriorating ward patient. His findings significantly changed the patient's management. Mark is passionate about exploring advanced practice in critical care outreach to enhance patient care and outcomes.



Laura Adams - Speech and Language Therapist - ICU, University Hospital Southampton NHS Foundation Trust

[@LAdamsSLT](#)

Charlie Macdonald - Speech and Language Therapist - ICU, Royal Berkshire NHS Foundation Trust

[@CharlieMacSALT](#)

Charlie and Laura both have experience of working in ICU and trauma. They previously worked at King's College Hospital in London. Laura is currently the SLT ICU Lead for Cardiovascular and Thoracic (CV&T) at the Southampton General Hospital. Charlie is currently the SLT ICU Lead at the Royal Berkshire Hospital in Reading.

Laura and Charlie co-chair the SLT subgroup for the Thames Valley and Wessex Adult Critical Care Network.



Lisa Niemand - Clinical Matron Critical Care, Outreach and Pain Intervention, Royal Cornwall Hospitals NHS Trust

[@nurse\\_lisa\\_84](#)

Lisa is the Clinical Matron for Critical Care, Outreach and Pain Intervention at Royal Cornwall Hospital. Lisa has a background in ED and Critical Care within multiple London hospitals and ran the world's most remote hospital on St Helena Island for 5 years (British overseas territory). Lisa has been the Matron for Critical Care in RCHT since 2019.

# About our speakers



Jessica Pountney - Senior Sister and Professional Nurse Advocate, Oxford University Hospitals NHS Foundation Trust

[@JessicaPountney](#)

Jessica is an Adult Critical Care Nurse and has recently completed her master's at Oxford Brookes University with a focus on Wellbeing and Leadership in Critical Care Nursing. She qualified 18 years ago and spent the first 5 years working within the Emergency Department and Assessment units at the Royal Wolverhampton Hospitals NHS Trust. For the last 15 years she has been a Critical Care nurse at Oxford University Hospitals with a special interest in providing health and wellbeing support for its frontline nurses and has taught in further education on the foundation and post graduate courses. Jessica qualified as a Professional Nurse Advocate in June 2021 after enrolling on the pilot PNA course which has since been expanded nationwide.

Jessica has a strong interest in nurse-led research and has previously looked at performance obstacles within the critical care working environment, and how they impact on the workload of the clinical staff. More recently she was one of six nurses to achieve a seconded position into the OUH CNO research fellowship, looking at the impact of the PNA and how its introduction to the frontline can improve the psychological safety of clinical staff.



Katy Powell - Professional Nurse Advocate Lead, Oxford University Hospitals NHS Foundation Trust

Katy is the Professional Nurse Advocate (PNA) Lead for Oxford University Hospitals NHS Foundation Trust. She qualified as a Paediatric Nurse 14 years ago, practicing in Paediatric Critical Care, providing Health and Wellbeing leadership to support and develop her team. Katy has co-produced a Health and Wellbeing Peer Support Framework with the Paediatric Critical Care Society, to support all MDT members who work within this speciality.

Katy qualified with the first cohort PNAs in May 2021, and she was one of the trailblazers of the programme, not only leading on implementation within her organisation but co-chairing on both the South East Regional PNA Network and Children and Young Peoples Nurses PNA Network to support and develop other PNAs. This role enables Katy to fulfil her passions which have always been enabling staff development to ensure that the quality of care we provide to our patients and their families is the best it can be. Recognising that delivering better quality patient experience relies on sustaining a compassionate, motivated and skilled workforce, necessary for services to evolve and thrive.

Jess and Katy have worked closely together for the last 3 years to promote the role of the Professional Nurse Advocate (PNA) to ensure that the vision for PNAs within OUH; "That all nurses will have equitable access to a sustainable system of support through delivery of the A-EQUIP model facilitated by PNAs to support their education and professional development and enhancing their wellbeing" is able to be delivered.



Dr Helen Turnham - Consultant Paediatric Critical Care, Oxford University Hospitals NHS Foundation Trust

[@HelenTurnham](#)

Dr Helen Turnham dual trained in anaesthesia and paediatric critical care. Others roles include being the PICM lead doctor Long Term Ventilation, Co chair of the Clinical Ethics Advisory Group, Link Doctor for Stoke Mandeville Hospital and Link Trainer for AICM trainees in PICU.

# About our speakers



**Dr Michael Raffles - Consultant in Adult Intensive Care Medicine, Royal Berkshire Hospital NHS Foundation Trust**

Dr Michael Raffles is a Consultant in Intensive Care Medicine and Anaesthetics, Paediatric Critical Care Lead and Deputy Faculty Tutor at the Royal Berkshire hospital



**Joao Ngengo - Business Intelligence Manager, Thames Valley and Wessex Paediatric Critical Care Operational Delivery Network,**

Joao is the Business Intelligence Manager, NHSE South East, for the Paediatric Operational Delivery Networks in Thames Valley & Wessex. Joao is also the chair for the National Paediatric ODN Analysts Group and Lead BI for Maternity & Neonatal Cot Locator.



**Dr Rupert Parker - ST7 trainee in Intensive Care Medicine and Anaesthetics, Oxford University Hospitals NHS Foundation Trust**

Dr Rupert Parker is an ST7 trainee in Intensive Care Medicine and Anaesthetics. Rupert has additional interests in retrieval and transfer medicine, resuscitation and medical education.



**Lauren Abraham - Former Patient**

Lauren is a proud South African teacher, originally from Cape Town but has been a British citizen for nearly 20 years. Lauren has taught in 4 countries and travelled the globe and now lives in Twyford, Berkshire with her delightful little boy Alfie who has just turned 6 which they celebrated at Legoland!

Lauren was a patient in the Royal Berkshire Intensive Care Unit and joins together with Dr Jodie Smythe to share her experiences of being in critical care.



**Dr Jodie Smythe - Consultant ICM and Anaesthetics, Royal Berkshire NHS Foundation Trust**

Jodie is a consultant in intensive care medicine and anaesthetics at the Royal Berkshire ICU. She recently became the clinical lead for critical care medicine at the Trust.

# About our speakers



Dr Daniel Lake - Consultant Anaesthetist and Intensivist, Darent Valley Hospital, Dartford and Gravesham NHS Trust

[@DrDLake](#)

Since taking on the role of Clinical liaison to the Estates team this has opened opportunities to build the sustainability projects at Darent Valley Hospital. Sharing these projects is a great passion to allow us to make national changes. After presenting this at the Kent Surrey and Sussex Critical Care Network meeting we have successfully set up a KSS Sustainability network and the sharing of information and resources has been beneficial to all in the region.



Emma Weston - Lead Pharmacist for Critical Care and Theatres, Hampshire Hospitals NHS Foundation Trust

Emma is the Lead Pharmacist for Critical Care at Hampshire Hospitals and has been with the Trust for the last 10 years. Emma completed an MSc in Advancing Healthcare Practice this year and sits on the UK Clinical Pharmacy Association Critical Care Committee as Membership Lead. Outside of Critical Care Emma is the Non-Medical Prescribing lead for the Trust and manages the Dose Error Reduction Software for the Trust's IV infusion pump library. Emma works across the Universities of Portsmouth, Reading and Winchester teaching pharmacists, physiotherapists and nurses about pharmacology within Critical Care on their under and post graduate courses. Most recently Emma is working towards a Consultant Pharmacist accreditation within Critical Care.



Thames Valley and Wessex Adult Critical Care Operational Delivery Network's Psychologists in Critical Care Group

Dr Ellie Ansell, Dr Imogen Cotter, Dr Katherine O'Neill, Dr Lissy Otto and Dr Lizzy Pink

Psychologists are an integral part of the critical care team providing input to patients and their loved ones either during their stay in ICU or following their discharge home. They can also support staff to manage the psychological work of intensive care.

This group was formed to unite our psychologists working within critical care across the Thames Valley and Wessex region.

## Our chair



Dr Steve Wimbush - Clinical Lead, Thames Valley & Wessex Adult Critical Care Operational Delivery Network and Consultant in Anaesthetics and Intensive Care, Hampshire Hospitals NHS Foundation Trust

[@WimbushSteve](#)

Steve has been a Consultant in Anaesthetics and Intensive Care in Winchester since 2007 and was Clinical Lead for Critical Care there for nine and a half years. He is also the Clinical Lead for the BM4 graduate-entry medical school programme at the University of Southampton.

Steve joined the ODN as Medical Lead in September 2021 and now sits as a member of the NHS Clinical Reference Group for Adult Critical Care. His interests are in transfer medicine, medical education and learning from incidents through collaborative, multidisciplinary working.