



**Welcome to the Kent, Surrey and Sussex Adult Critical Care Network ODN
Newsletter.**

February 2023

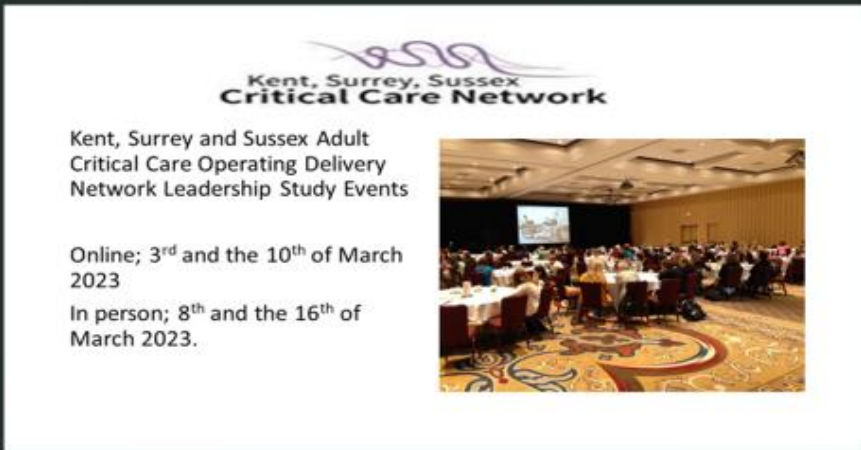
The Role of the ODN

Operational Delivery Networks (ODN's) were established in 2013, following the publication of the NHS England strategy 'Developing Operational Delivery Networks: The Way Forward'.

Responsibility for assuring governance arrangements for ODNs sit with NHS England and their outcomes and outputs are included in the relevant commissioning service specifications.

The Kent, Surrey and Sussex ODN is there to deliver a whole system work programme for Adult Critical care across this defined geographical area. ODNs are focussed on coordinating patient pathways between providers over a wide area to ensure access to specialist resources and expertise. The provider Units and the KSS ODN work together to share learning, experience, knowledge, skills and best practice for the benefit of all. This will allow for innovation and efficiency across patient pathways

If you have any content you would like us to add to the next Newsletter, please send to medwayft.kssccn@nhs.net



**Kent, Surrey, Sussex
Critical Care Network**

Kent, Surrey and Sussex Adult
Critical Care Operating Delivery
Network Leadership Study Events

Online; 3rd and the 10th of March
2023

In person; 8th and the 16th of
March 2023.

We are looking forward to 4 days of Leadership study events coming up in March 2023. Two of these Leadership events are online and the other two days are face-to-face at Cophorne Effingham Hotel, Gatwick. We have a packed programme building on critical care clinical practice on topics related to Safety, Team building and Leadership especially in stressful times. Delegates would include nurses who have completed Step 1, 2 and 3 CC3N Competency and are working towards shift leading or have recently become shift leaders in critical care. Speak with your Clinical and Practice educators to get more information on how to apply.

Professional Nurse Advocates in Critical Care Study event

The CC3N & BACCN Professional Nurse Advocate role in Critical care virtual event will be taking place by 1000-1500 on 14th March 2023. This event is free to all critical care PNA's and details on how to book onto the event are detailed below.

The aim of the event is to:

- Provide a national PNA update
- Share case studies of successful implementation
- Facilitate workshops with themes identified through a survey / poll of current PNA's with regards to what barriers existing PNA's face in implementing the work within their individual units and how this can be overcome
- Discuss BACCN True Colours Wellbeing Award 2023



Topic: BACCN / CC3N Professional Nurse Advocate Role in Critical Care
Date: Tuesday 14th March (closing date for registrations is 1700 13th March)
Time: 10:00 – 15:00
Location: ZOOM Webinar
To book; visit BACCN / CC3N Professional Nurse Advocate Role in Critical Care | BACCN

BACCN True Colours Wellbeing Award



As part of the BACCN's ongoing commitment to support the Critical Care nursing community the BACCN would like to invite Critical Care Professional Nurse Advocates to apply for funding to support a work project related to enhancing the physical and mental health and wellbeing of nurses within Critical Care.

The Project: Should aim to enhance the physical and mental health and wellbeing of nurses working within Critical Care.

Can focus on either staff or organisational issues.

Must align with the mission of the BACCN. The mission statement of the BACCN may be found here: <https://www.baccn.org/about/our-goals-and-mission-statement/>

In line with other charities, this award will only fund direct project costs and will not fund staff salaries. Direct costs may include for example transcription, statistician, administration, or research assistant services.

Must be completed within one year of being awarded the award.

The Applicant: Applicants must be working as a Professional Nurse Advocate in Critical Care in the UK.

Each applicant may only apply to one BACCN funding stream per year.

All communication with the applicant will be via support@baccn.org

The Application Process: You must complete this application form correctly and email it to support@baccn.org before the appropriate closing date.

The closing deadline will be 16.00 for all application dates on each of following: 1st of March, 1st of June, 1st of September, and 1st of December 2023.

All applicants will be notified of the outcome of their application in writing within 2 weeks of the relevant closing date.

The Award: There will only be x 1 award per funding period.

Each award will be £2100 and 1 BACCN Unit Membership (which is worth £400).

For any more information please contact support@baccn.org

KSS Adult Critical Care Public facing Website



We're delighted to announce that our new website is now live!

We worked together with our colleagues in the South West and Thames Valley & Wessex Networks to create a joint website for adult critical care. On the Kent, Surrey and Sussex Network pages you can read about our transfer service and our subgroups. You can also find out more about our team and what we do as a Network.

Please visit <http://southaccnetworks.nhs.net>

We would like to showcase Patient stories on the Patient and Public information page on the website and in the Network's Newsletters.

We know that several stories abound from Patients and their relatives on their experience in critical care and we would like to showcase this to promote public's confidence and also encourage critical care staff. Stories can be provided in various forms, written, or orally as a video with pictures. For more inquiries and to submit stories, email medwayft.kssccn@nhs.net.

National Adult Critical Care Nursing Workforce Retention Survey



The CC3N have just published their National Adult Critical care nursing Workforce retention survey report, with the support of Roxy our data analyst, who helped the CC3N with the analysis of the data.

This report builds on the [survey and report](#) completed within the Thames Valley & Wessex and Kent, Surrey & Sussex Networks and highlights some key factors which impact retention across our critical care units.

[Read here](#)

Intensive Care staffing standards and the NHS workforce crisis position statement



The NHS workforce is in crisis. The legacy of the COVID-19 pandemic, together with unsustainable staff and funding shortfalls, has compounded pressure on services and urgent action is required to temper this escalating healthcare crisis.(1)

Critical care services are pivotal to the function of all acute hospitals. Official data indicates that UK critical care capacity continues to fall behind a majority of other developed countries, with **less than half** of the average number of beds per capita than OECD nations.(2)

Critical care services have been operating under sustained pressure and demand since the outset of the pandemic in 2020. This has left some units with no choice but to struggle with inadequate staffing levels. This shortfall has created a reliance on the same depleted workforce to meet service demands and not infrequently results in the redeployment of staff from other essential pillars of critical care services (e.g. outreach, follow up, rehabilitation, information technology, research, training and development and quality improvement programmes). **This situation must not be normalised outside of truly extraordinary circumstances** (e.g. national incident response).....

[Read more here](#)

Critical Care Outreach Practitioner Framework



This first iteration of the CCOP Framework has been published. It is a result of a collaboration between the National Outreach Forum (NORF), Intensive Care Society (ICS) and Critical Care Networks National Nurse Leads Forum (CC3N) and the Working Group.

The intention is that the 'Enhanced Practice Level' serves as the nationally recognised minimum standard and credential of competence, skills and behaviours required of HCPs providing Critical Care Outreach services, ensuring that CCOPs have a level of competence commensurate with the level of patient care provided. CCO specific competencies at 'Advanced and Consultant Practice Levels' have been included as separate appendices for HCPs studying at these levels and should be achieved if maintaining a clinical practice role in critical care outreach.

[Read the framework](#)

Critical Care Follow-Up team at Frimley Health

Hannah Boynes, an Advanced Physiotherapist Practitioner in Critical Care at Frimley Health NHS Foundation Trust gives the following report.....

At Frimley Health we are very excited to have appointed Frances Clark as our Lead Nurse for our new Critical Care Rehabilitation and Follow-Up Service. Frances has worked at Frimley Health for many years as a Critical Care Outreach Nurse and developed a passion for rehabilitation and follow up of critical care survivors. Over the last 10 years Frances has been running a follow up service at Frimley Park Hospital without any funding. We are so excited that we are now able to offer a funded service across both Wexham Park and Frimley Park Hospitals. We have also successfully recruited 2 part-time physiotherapists and a rehabilitation assistant and are in the process of recruiting a Psychologist. The Occupational Therapist Post will go out to ad in February, and we hope to be fully recruited into the service in the next few months. The new Critical Care Rehabilitation and Follow-Up Team can't wait to get this exciting service up and running and to work closely with KSS Critical Care Network for the benefit of our patients.

There is still time to submit to the Intensive Care Society State of the Art congress!

Showcase your work to a global audience

Intensive Care Society
SOA23
CONGRESS

6 x categories to choose from:

- ePosters and oral abstract presentations
- Rising Star - Gold Medal (research)
- ABC of ICM
- Cauldron
- Critical Care Tales
- Ultrasound Ninja

#SOA23 | ics.ac.uk/soa23

Submit by 26 February 2023, 11:59pm

Check out the website for details of the many ways in which you can contribute - from delivering a talk on a specialist topic to presenting a poster or oral presentation on a multitude of topics. In particular, Critical Care Tales allows you to share experiences and learning, the genius idea you have that may influence wider practice, quality improvement work, and innovations that may benefit others.

There is no topic or piece of work too small so please have a look at the ICS website for further details. All submissions open until 26th February 2023.

[Visit the website](#)

Quality Improvement projects implemented in Units within the Network



Quality Improvement projects in healthcare are implemented with a goal to promote patient safety, improve outcomes, promote service efficiency and service user experience.

Quality improvement involves the use of a systematic and co-ordinated approach to solving a problem using specific methods and tools with the aim of bringing about a measurable improvement within a health care setting.

Critical Care units implement a number of Quality Improvement projects every year. Below is an example which may guide quality improvement within your Unit.

Project Title: Sedation Hold and Spontaneous Breathing Protocol

Project implemented by: Paul Hayden, Christopher Donnelly, Lucy Mires

Aim of the project: Develop a protocol to facilitate nurse led sedation daily sedation holds and progression to spontaneous breathing trails for all appropriate ICU patients.

Method: An online questionnaire was sent to the ICU nursing staff to ascertain their knowledge, experience and concerns regarding sedation holds. Areas where knowledge and support was lacking were identified with responses used to shape training and protocol guidelines.

Protocol was developed, uploaded on Electronic patient management system and training began through 1:1, small group, and large group approaches. Subsequently, the initial survey will be re-run to review changes in knowledge, experience and concerns and signpost further changes to the protocol and identify any teaching required.

Limitations

- Inconsistent clinical support maintained on the various units due to shift pattern of project leads and simultaneously running the projects on 2 units.
- Lack of awareness of new protocol among some key senior staff despite highlighting protocol at ops meetings, handovers and via direct emails
- Project in its infancy, so effect on patient outcomes and nurse knowledge and practice remains un-quantified.

Outcomes

- There was a good response rate and illustration of knowledge, theory and practice gaps. Training was well received with positive engagement from staff.
- New Policy actively used on the unit.
- Patients are having more regular sedation holds.
- Staff confidence and knowledge is subjectively improving

Upcoming Meeting Dates

16.02.23 PNA meeting

16.02.23 ACCP Meeting

23.02.23 Pharmacists meeting

22.03.23 Data Leads meeting

20.02.23 AHP / Rehabilitation meeting

22.02.23 KSS ACC Clinical Forum

10.02.23 Matrons meeting

27.02.23 Practice Educators meeting

03.04.23 Outreach meeting

01.03.23 Follow up service meeting

Benchmarking

The Follow Up benchmarking document is currently with the Unit teams for completion.

The Outreach and Psychology document would be sent out soon.

The Rehabilitation benchmarking is on hold at the moment, as there is a national focus, and we are just waiting to see what comes out as a result.

If you have any articles/content that you would like added to our next Newsletter, then please send to: medwayft.kssccn@nhs.net

We encourage you to share this newsletter with your teams/colleagues